



ROSE PARK/SOUTH SIDE/PINE RIDGE

OCTOBER 2017

MEAL PRICE: \$2.50

This institution is an equal opportunity provider and employer. For any questions & information contact Sue Lambers: slambers@hollandchristian.org

Milk Only .50
Adult meal: \$3.55
 Milk is included with lunch.
 Chocolate Non-fat or 1% White milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>OCT 2</p> <p>ABC Chicken Nuggets, Potato Smiles, Fresh Grapes, Blueberry Muffin</p> <p>2 LUCKY LUNCH BAG 3 CHEF SALAD</p>	<p>OCT 3</p> <p>Grande Beef Taco, Spanish Rice, Corn and Black Beans, Lettuce, Tomatoes, Cheese, Salsa, Peach Slices</p> <p>2 EZ JAMMIN' BAG 3 PILLSBURY PANCAKE BAG</p>	<p>OCT 4</p> <p>Hot Dog on Bun, Ruffles Fun Size Chip, Baked Beans, Mini Rice Krispie, Watermelon</p> <p>2 TURKEY SUB BAG 3 CHEF SALAD</p>	<p>OCT 5</p> <p>RP Grandparents' Day</p> <p>2 Bosco Breadsticks, Marinara, Romaine Salad with Croutons, Cheese, Mandarin Oranges, Bananas</p> <p>2 WARM PRETZEL & CHEESE 3 YOGURT PARFAIT</p>	<p>OCT 6</p> <p>M</p> <p>Spartan Cheeseburger w/ "Wolverine" Bacon, Touch Down Popcorn, Safety carrots, Go Blue Fruit Slushies</p> <p>2 HAPPY HAM BAG 3 CHEF SALAD</p>
<p>OCT 9</p> <p>Mini Corn Dogs, Crinkle Fries, Steamed Broccoli, Fresh Strawberries</p> <p>2 LUCKY LUNCH BAG 3 CHEF SALAD</p>	<p>OCT 10</p> <p>Dutch Waffle, Strawberries, Whipped Cream, 2 Sausage Links, Oven Roasted Potatoes, Apple Juice</p> <p>2 EZ JAMMIN' BAG 3 PILLSBURY PANCAKE BAG</p>	<p>OCT 11</p> <p>Cinnamon Rolls, Chicken Noodle Soup, Yogurt Cup, Snap Peas, Hummus, Applesauce</p> <p>2 TURKEY SUB BAG 3 CHEF SALAD</p>	<p>OCT 12</p> <p>Grilled Cheese, Tomato Soup, Sun Chip Mix, Carrot Stix, Red Grapes</p> <p>PR Grandparents' Day SS</p> <p>2 WARM PRETZEL & CHEESE 3 YOGURT PARFAIT</p>	<p>OCT 13</p> <p>Cheesy Bread, Steamed corn, Apple Slices, Frozen Fruit Slushie</p> <p>2 HAPPY HAM BAG 3 CHEF SALAD</p>
<p>OCT 16</p> <p>Soft Pretzel with Cheese Sauce, Trix Yogurt Cup, Carrots, Cucumbers, Ranch, Fruit choice</p> <p>2 LUCKY LUNCH BAG 3 CHEF SALAD</p>	<p>OCT 17</p> <p>French Toast Sticks Syrup, Sausage Link, Potato Wedge, Applesauce, Juice</p> <p>2 EZ JAMMIN' BAG 3 PILLSBURY PANCAKE BAG</p>	<p>OCT 18</p> <p>Breaded Chicken Pattie on Bun, Fries, Fruit Choice, Ice Cream Treat</p> <p>2 TURKEY SUB BAG 3 CHEF SALAD</p>	<p>OCT 19</p> <p>SCHOOL HOLIDAY</p>	<p>OCT 20</p> <p>SCHOOL HOLIDAY</p>
<p>OCT 23</p> <p>Chicken Tenders, Roasted Potatoes, Green Beans, Bread Stick, Pineapple tidbits</p> <p>2 LUCKY LUNCH BAG 3 CHEF SALAD</p>	<p>OCT 24</p> <p>Macaroni & Cheese Steamed Broccoli, Muffin, Melon</p> <p>2 EZ JAMMIN' BAG 3 PILLSBURY PANCAKE BAG</p>	<p>OCT 25</p> <p>Hot Dog on Bun, Ruffles Fun Size Chip, Baked Beans, Mini Rice Krispie, Watermelon</p> <p>2 TURKEY SUB BAG 3 CHEF SALAD</p>	<p>OCT 26</p> <p>Pillsbury Mini Pancakes Syrup, Cheese Omelet, Potato Wedge, Applesauce</p> <p>2 WARM PRETZEL & CHEESE 3 YOGURT PARFAIT</p>	<p>OCT 27</p> <p>Breaded Chicken patty on Bun, Fun Size Doritos, Fresh Carrots, Peach Slices</p> <p>2 HAPPY HAM BAG 3 CHEF SALAD</p>
<p>OCT 30</p> <p>Star Shaped Chicken Nuggets, Potato Smiles, Corn Muffin, Carrots, Fresh Grapes</p> <p>2 LUCKY LUNCH BAG 3 CHEF SALAD</p>	<p>OCT 31</p> <p>Chicken Drumstick, Mashed Potatoes, Gravy, Mini Blueberry Muffin, Carrots, Fresh Grapes</p> <p>2 EZ JAMMIN' BAG 3 PILLSBURY PANCAKE BAG</p>	<p>NOV 1</p> <p>Mosticioli, Garlic Bread, Garden Salad, Ranch, Applesauce</p> <p>2 TURKEY SUB BAG 3 CHEF SALAD</p>	<p>NOV 2</p> <p>BBQ Pork on Bun, Crinkled Fries, Baked Beans, Peach Slices</p> <p>2 WARM PRETZEL & CHEESE 3 YOGURT PARFAIT</p>	<p>NOV 3</p> <p>Domino's Pizza</p> <p>Pepperoni/Cheese Pizza, Carrots, Apple Slices, Fun Size Chips</p>

GO TO LUNCHAPP.COM TO APPLY FOR FREE/REDUCED LUNCH BENEFITS (CONVENIENT & CONFIDENTIAL). HOT LUNCH IS A PREPAY PROGRAM. YOU MAY DEPOSIT MONEY AT: SENDMONEYTOSCHOOL.COM OR DROP OFF A CHECK AT SCHOOL.

MONDAY
2 Lucky Lunch Bag
 Lucky Charms, Go Big Yogurt, Cheese Stick, Potato Wedge, Juice

3 Chef Salad
 Turkey Ham, Tomato, Cheese, Carrots, Edamame, Croutons, Roll, Grapes

TUESDAY
2 EZ Jammin' Bag
 Uncrustable soy & jelly sandwich, Cheese stick, Broccoli, Carrots, Dip, Sunchips, Raisins

3 Pillsbury Pancake Bag
 Pillsbury Pancakes, Cheese Stick, Yogurt, Mango Wango Juice, Strawberry

WEDNESDAY
2 Turkey Sub Bag
 Turkey & Cheese Sub, Celery, Hummus, Apple Slices, Mini Rice Krispie treat

3 Chef Salad
 Turkey Ham, Tomato, Cheese, Carrots, Edamame Beans, Croutons, Roll, Grapes

THURSDAY
2 Warm Pretzel & Cheese
 Pretzel, Cheese Sauce, Turkey Bites, Broccoli & Carrots, Mandarin Oranges

3 Strawberry Yogurt Parfait
 Vanilla Yogurt Parfait, Granola, Strawberries, Cool Cuke Slices, Tropical Twist, Sunchips

FRIDAY
2 Happy Ham Bag
 Ham & American Cheese on a Wrap, Fun Size Chip, Carrots & Celery, Ranch, Grapes

3 Chef Salad
 Turkey Ham, Tomato, Cheese, Carrots, Edamame Beans, Croutons, Roll, Grapes

