



ROSE PARK/SOUTH SIDE/PINE RIDGE

AUG/SEPT 2018 MEAL PRICE: \$2.50

This institution is an equal opportunity provider and employer. For any questions & information contact Sue Lambers: slambers@hollandchristian.org

Milk Only .50  
Adult meal: \$3.65  
Milk is included with lunch.  
1% Chocolate or 1% White milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>BACK TO SCHOOL 2018</b></p> <p>Hot Dog on Bun, Carrots &amp; Celery, Popcorn, Watermelon, Orange Sherbet Cup</p> <p><b>2 WARM PRETZEL &amp; CHEESE</b> <b>3 YOGURT PARFAIT</b></p>	<p><b>Welcome back Carnival Lunch</b> AUG 21</p> <p>Hot Dog on Bun, Carrots &amp; Celery, Popcorn, Watermelon, Orange Sherbet Cup</p> <p><b>2 WARM PRETZEL &amp; CHEESE</b> <b>3 YOGURT PARFAIT</b></p>	<p>Dutch Waffle with Strawberries, Whipped Cream, Potato Triangle, Sausage link, Juice Cup</p> <p><b>2 TURKEY SUB BAG</b> <b>3 CHEF SALAD</b></p>	<p>Grilled Cheese with Sugar Snap Peas, Carrots with Hummus, Fun size Pretzels, Peach slices</p> <p><b>2 MUNCHABLE LUNCHABLE</b> <b>3 PILLSBURY PANCAKE BAG</b></p>	<p>Hamburger on Bun with Cheese, Fun size Cheez-its, Steamed Broccoli, Fresh Grapes</p> <p><b>2 HAPPY HAM BAG</b> <b>3 CHEF SALAD</b></p>
<p>Tyson Chicken Tenders, Corn on the Cob, Biscuit, Fruit Choice</p> <p><b>2 STRAWBERRY BANANA SUNDAE</b> <b>3 CHEF SALAD</b></p>	<p>Bosco breadsticks w/Marinara sauce, Garden salad, Fruit Choice</p> <p><b>2 WARM PRETZEL &amp; CHEESE</b> <b>3 YOGURT PARFAIT</b></p>	<p>Teryaki Beef dippers with Rice, Vegetable blend, Mini egg roll, Pineapple, Fortune Cookie</p> <p><b>2 TURKEY SUB BAG</b> <b>3 CHEF SALAD</b></p>	<p><b>Domino's Pizza</b> AUG 30</p> <p>Pepperoni/Cheese Pizza, Fun size Chips, Vegetable choice, Fruit Choice</p>	<p><b>SCHOOL HOLIDAY</b> AUG 31</p>
<p><b>HAPPY LABOR DAY</b> SEPT 3</p> <p>Chicken Nuggets with Roll, Corn, Fresh Apple Slices, Grapes</p> <p><b>2 STRAWBERRY BANANA SUNDAE</b> <b>3 CHEF SALAD</b></p>	<p>Dorito Walking Beef Tacos, Cheese, Lettuce, Salsa, Black Beans and Corn, Fruit Choice</p> <p><b>2 WARM PRETZEL &amp; CHEESE</b> <b>3 YOGURT PARFAIT</b></p>	<p>Rotini Beef Pasta, Garlic Bread, Garden Tossed Salad with Cheese &amp; Croutons, Applesauce</p> <p><b>2 TURKEY SUB BAG</b> <b>3 CHEF SALAD</b></p>	<p>Mini Corn Dogs, Crinkle Fries, Fresh Carrots &amp; Broccoli with Ranch, Fresh Grapes</p> <p><b>2 MUNCHABLE LUNCHABLE</b> <b>3 PILLSBURY PANCAKE BAG</b></p>	<p>Cinnamon French Toast, Sausage Link, Potato Wedge, Fruit Choice</p> <p><b>2 HAPPY HAM BAG</b> <b>3 CHEF SALAD</b></p>
<p>Chicken Nuggets with Roll, Corn, Fresh Apple Slices, Grapes</p> <p><b>2 STRAWBERRY BANANA SUNDAE</b> <b>3 CHEF SALAD</b></p>	<p>French Toast Sticks, Potato Triangle, Strawberry yogurt, Banana and Juice Cup</p> <p><b>2 WARM PRETZEL &amp; CHEESE</b> <b>3 YOGURT PARFAIT</b></p>	<p>Orange Chicken Rice Bowl served with Chop Sticks, Stir Vegetables, pineapple and cookie</p> <p><b>2 TURKEY SUB BAG</b> <b>3 CHEF SALAD</b></p>	<p>Macaroni and Cheese, Steamed Green Beans, Blueberry Muffin, Fresh Melon and Grapes</p> <p><b>2 MUNCHABLE LUNCHABLE</b> <b>3 PILLSBURY PANCAKE BAG</b></p>	<p><b>Domino's Pizza</b> SEPT 14</p> <p>Pepperoni/Cheese Pizza, Garden Salad, Fresh Fruit Choice, Frozen Fruit Slushie</p>
<p>Breaded Chicken Patty on Bun, Lettuce and Tomato, Carrots and Broccoli with Ranch, Apple slices</p> <p><b>2 STRAWBERRY BANANA SUNDAE</b> <b>3 CHEF SALAD</b></p>	<p>Pillsbury mini pancakes, Cheese Omelet, Potato Wedge, Oranges, Bananas, Juice Cup</p> <p><b>2 WARM PRETZEL &amp; CHEESE</b> <b>3 YOGURT PARFAIT</b></p>	<p><b>Baseball Lunch</b> SEPT 19</p> <p>Hot Dog on Bun, Popcorn, Fresh Carrots, Watermelon, Mini Ice Cream Sandwich</p> <p><b>2 TURKEY SUB BAG</b> <b>3 CHEF SALAD</b></p>	<p>Cheesy Bread with Marinara Sauce, Fresh Broccoli and Carrots with Hummus, Fresh Melon</p> <p><b>2 MUNCHABLE LUNCHABLE</b> <b>3 PILLSBURY PANCAKE BAG</b></p>	<p><b>Cheese Burger</b> SEPT 21</p> <p>on Bun, served with Leaf Lettuce, Fun-size Pretzels, Carrot munchers, Fresh Fruit</p> <p><b>2 HAPPY HAM BAG</b> <b>3 CHEF SALAD</b></p>
<p>Meatball Mozzarella Marinara Sub, Fresh Green &amp; Red Peppers, Applesauce, Peach Slices</p> <p><b>2 STRAWBERRY BANANA SUNDAE</b> <b>3 CHEF SALAD</b></p>	<p>Chicken Tenders, Corn Muffin, Sugar Peas with Hummus, Fresh Strawberries</p> <p><b>2 WARM PRETZEL &amp; CHEESE</b> <b>3 YOGURT PARFAIT</b></p>	<p>French Toast Sticks, Potato Triangle, Strawberry yogurt, Banana and Juice Cup</p> <p><b>2 TURKEY SUB BAG</b> <b>3 CHEF SALAD</b></p>	<p>Rotini Pasta with Meat Sauce, Garlic Bread, Garden Salad, Italian Ice</p> <p><b>2 MUNCHABLE LUNCHABLE</b> <b>3 PILLSBURY PANCAKE BAG</b></p>	<p>BBQ Pork on Bun, Pickles, Crinkle Fries, Carrot Stick, Fresh Apples</p> <p><b>2 HAPPY HAM BAG</b> <b>3 CHEF SALAD</b></p>

- MONDAY**
- 2 Strawberry Banana Sundae**  
Cocoa Puff, Strawberry Banana Yogurt, Sunflower Seeds, Carrots & Pineapple
  - 3 Chef Salad**  
Turkey Ham, Tomato, Cheese, Carrots, Edamame, Croutons, Roll, Grapes
- TUESDAY**
- 2 Warm Pretzel & Cheese**  
Pretzel, Cheese Sauce, Fresh Broccoli & Carrots, Mandarin Oranges, Jennie-O Turkey Stick
  - 3 Yogurt Parfait**  
Vanilla Yogurt Parfait, Granola, Strawberries, Cool Cuke Slices, Tropical Twist, Sunchips
- WEDNESDAY**
- 2 Turkey Sub Bag**  
Turkey & Cheese Sub, Celery, Hummus, Apple Slices, Mini Rice Krispie treat
  - 3 Chef Salad**  
Turkey Ham, Tomato, Cheese, Carrots, Edamame, Croutons, Roll, Grapes
- THURSDAY**
- 2 Munchable Lunchable**  
Ham and Cheese with Crackers, Fruit Choice, Mango Wango Juice, Mini Rice Krispie
  - 3 Pillsbury Pancake Bag**  
Pillsbury Pancakes, Cheese Stick, Yogurt, Mango Wango Juice, Strawberries
- FRIDAY**
- 2 Happy Ham Bag**  
Ham & American Cheese on a Sub Bun, Fun Size Chip, Carrots & Celery, Ranch, Fruit Choice
  - 3 Chef Salad**  
Turkey Ham, Tomato, Cheese, Carrots, Edamame, Croutons, Roll, Grapes