



# HOLLAND CHRISTIAN HIGH SCHOOL

# OCTOBER 2017

# MEAL PRICE: \$2.75

This institution is an equal opportunity provider and employer. For any questions & information contact Sue Lambers: [slambers@hollandchristian.org](mailto:slambers@hollandchristian.org)

**Milk Only .50**  
Milk is included with lunch. Chocolate Non-fat, 1% White milk. Please be responsible for your lunch accounts! Thank you

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>OCT 2</p> <p>Chicken Parmigiana Sandwich, Fresh Peppers Carrots, Fruit Choice</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>	<p>OCT 3</p> <p>2 Beef Tacos Spanish Rice, Lettuce, Tomato, Cheese, Salsa, Black Beans and Corn, Fruit Choice</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>	<p>OCT 4</p> <p>2 Corn Dogs, Chips, Carrots, Celery, Cucumbers, Apples</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>	<p>OCT 5</p> <p>Sloppy Joe with Cheese Slice, Curly Fries, Fresh Carrots, Celery, Ranch, Fruit Choice</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>	<p>OCT 6</p> <p><b>Fredo Friday</b> Rotini Pasta with Chicken, Alfredo Sauce, Breadsticks, Broccoli and Peas, Caesar Salad, Fruit Choice</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>
<p>OCT 9</p> <p>Mosticioli, Garlic Bread, Green Beans and Fruit Choice</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>	<p>OCT 10</p> <p>Dutch Waffle, Strawberries, Whip Cream, 2 sausage links, Roasted Potatoes, Orange Juice</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>	<p>OCT 11</p> <p>Cinnamon Rolls, Chicken Noodle Soup, Yogurt Parfait Bar</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>	<p>OCT 12</p> <p><b>Double Dog Day</b> Crinkle fries, Cheese, Relish, Beef Chili Sauce, Carrots, Fruit Choice</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>	<p>OCT 13</p> <p><b>Fredo Friday</b> Rotini Pasta with Chicken, Alfredo Sauce, Breadsticks, Broccoli and Peas, Caesar Salad, Fruit Choice</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>
<p>OCT 16</p> <p>Texas Toast Grilled Cheese, Soup, Chips, Carrots, Celery, Fruit Choice</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>	<p>OCT 17</p> <p>Chips &amp; Cheese Beef Taco Meat, Black Beans and Corn, Lettuce, Tomatoes, Salsa, Fruit Choice</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>	<p>OCT 18</p> <p>Breaded Chicken Pattie on Bun, Fries, Fruit Choice</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>	<p>OCT 19</p> <p><b>SCHOOL HOLIDAY</b></p>	<p>OCT 20</p> <p><b>SCHOOL HOLIDAY</b></p>
<p>OCT 23</p> <p>Chicken Tenders, Roasted Potatoes, Green Beans, Fruit Choice</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>	<p>OCT 24</p> <p>Macaroni &amp; Cheese Steamed Broccoli, Muffin, Melon</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>	<p>OCT 25</p> <p>Ham and Pepperoni Stromboli, Caesar Salad, Fresh Fruit Choice</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>	<p>OCT 26</p> <p>Grilled Pancakes, Strawberries, Sausage Links, 2 Hashbrowns, Orange Juice</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>	<p>OCT 27</p> <p><b>Fredo Friday</b> Rotini Pasta with Chicken, Alfredo Sauce, Breadsticks, Broccoli and Peas, Caesar Salad, Fruit Choice</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>
<p>OCT 30</p> <p>Fried Rice Bowl, Orange Chicken, Eggroll, Stirfry Veggies, Fruit Choice</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>	<p>OCT 31</p> <p>2 Chicken Legs, Whipped Potatoes, Gravy, Corn Muffin, Corn, Fruit Choice</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>	<p>NOV 1</p> <p>Mosticioli, Garlic Bread, Green Beans and Fruit Choice</p> <p><b>PIZZA, DELI &amp; GRILL</b></p>	<p><b>BREAKFAST MENU</b></p> <p><b>Choice 1: \$1.50</b></p> <p>PICK 1 : Bagel, Chocolate Chip Muffin, Cereal, Blueberry Muffin, Mini Dounut Pack, Banana Bread, Pop Tarts.</p> <p>pick 2 sides Fruit, Milk, Fruit Juice, Vegetable Juice</p> <p><b>Choice 2: \$2.25</b></p> <p>Fruit Smoothie with Graham Crackers</p> <p><b>Choice 3: \$2.25</b></p> <p>Yogurt Parfait with Granola</p>	

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**GRILL STATION AVAILABLE DAILY**

Burgers, Chicken, Fries and more...

**DELI STATION AVAILABLE DAILY**

Yogurt Parfait with Granola

**PIZZA STATION AVAILABLE DAILY**

Domino's Pizzas

All Includes salad bar, Fruit & Milk

**EXPRESS STATION**

**MONDAY**  
UNLIMITED SELECTION OF CHOPPED SALAD, CHEESE BROCCOLI SOUP

**TUESDAY**  
PASTA BAR  
MARINARA SAUCE, SPICY MARINARA ALFREDO SAUCE, MEATBALLS, GARLIC BREAD, CAESAR SALAD

**WEDNESDAY**  
BURGER BAR OR PHILLY STEAK

**THURSDAY**  
TEX MEX

**FRIDAY**  
SPINACH SALAD  
STRAWBERRIES, MANDARIN ORANGES, GRILLED CHICKEN, CHOW MEIN NOODLES, FETA CHEESE & BREADSTICK

