









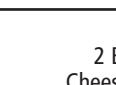







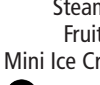



HOLLAND CHRISTIAN MIDDLE SCHOOL

MAY 2011

MEAL PRICE: \$2.45

This institution is an equal opportunity provider and employer. For any questions & information contact Sue Lambers: slammers@hollandchristian.org

Milk Only .50
Milk is included with lunch. Chocolate Non-fat or 1% White milk. Please be responsible for your lunch accounts! Thank you

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MAY 8 Mini Corn Dogs, Waffle Fries, Carrots/Celery, Fresh Strawberries</p>  <p>2 DELI BAR 3 CHEF SALAD</p>	<p>MAY 9 Chicken Mix Up Day, (Tenders, Nuggets, Chicken Pattie), Corn, Chips, Watermelon</p>  <p>2 BURGER BAR 3 YOGURT PARFAIT</p>	<p>MAY 10 TULIP TIME HALF DAY TODAY!</p>	<p>MAY 11 TULIP TIME HALF DAY TODAY!</p>	<p>MAY 12 DOMINO'S PIZZA DOMINO'S PIZZA Pepperoni/Cheese Pizza, Salad Bar, Red Grapes</p> 
<p>MAY 15 Breakfast Extravaganza Waffle or French Toast, Potatoes, Sausage, Fruit, Juice</p>  <p>2 DELI BAR 3 CHEF SALAD</p>	<p>MAY 16 Hot Dog on Bun, Crinkle Fries, Corn, Carrot/Celery Sticks, Watermelon</p>  <p>2 BURGER BAR 3 YOGURT PARFAIT</p>	<p>MAY 17 Cinnamon Roll, Chicken Rice Soup, Yogurt, Carrots, Hummus, Peach Slices</p>  <p>2 DELI BAR 3 CHEF SALAD</p>	<p>MAY 18 2 Bosco Cheese Sticks, Marinara, Garden Salad, Fresh Grapes/Apples</p>  <p>2 CHICKEN NUGGETS 3 CHICKEN CAESAR SALAD</p>	<p>MAY 19 DOMINO'S PIZZA DOMINO'S PIZZA Pepperoni/Cheese Pizza, Salad Bar, Red Grapes</p> 
<p>MAY 22 Dutch Waffle, Strawberries, Whipped Cream, 2 Sausage Link, Tator Tots, Oranges</p>  <p>2 DELI BAR 3 CHEF SALAD</p>	<p>MAY 23 Tyson Chicken Drumstick, Whipped Potatoes, Gravy, Dinner Roll, Carrot Sticks, Fresh Strawberries</p>  <p>2 BURGER BAR 3 YOGURT PARFAIT</p>	<p>MAY 24 Grilled Cheese, Goldfish Crackers, Soup, Cucumber Slices, Apple Slices</p>  <p>2 DELI BAR 3 CHEF SALAD</p>	<p>MAY 25 Tyson Chicken Tenders, Dinner Roll, Steamed Corn, Small Chips, Fresh Grapes & Apples</p>  <p>2 CHICKEN NUGGETS 3 CHICKEN CAESAR SALAD</p>	<p>MAY 26 DOMINO'S PIZZA DOMINO'S PIZZA Pepperoni/Cheese Pizza, Salad Bar, Red Grapes</p> 
<p>MAY 29 memorial DAY</p> 	<p>MAY 30 Ham & Cheese Calzones, Steamed Corn, Fruit Choice, Mini Ice Cream Sandwich</p>  <p>2 BURGER BAR 3 YOGURT PARFAIT</p>	<p>MAY 31 2 Bosco Cheese Sticks, Marinara, Garden Salad, Fresh Grapes/Apples</p>  <p>2 DELI BAR 3 CHEF SALAD</p>	<p>JUN 1 DOMINO'S PIZZA Dominoes Pizza, Garden Salad, Watermelon, Mini Ice Cream Sandwich</p>  <p>2 CHICKEN NUGGETS 3 CHICKEN CAESAR SALAD</p>	<p>JUN 2 1/2 DAY HAPPY SUMMER</p> 

GO TO LUNCHAPP.COM TO APPLY FOR FREE/REDUCED LUNCH BENEFITS (CONVENIENT & CONFIDENTIAL). HOT LUNCH IS A PREPAY PROGRAM. YOU MAY DEPOSIT MONEY AT: SENDMONEYTOSCHOOL.COM OR DROP OFF A CHECK AT SCHOOL.

CHOICE 2
2 DELI BAR
Shaved Ham, Turkey, Salami and Cheeses
Bread Choices: Whole Wheat Sub Roll
Toppings: Lettuce, Tomatoes, Black Olives, Pickles, Onions, Yellow Peppers, Jalapeños, Ranch dressing.
BURGER BAR
American & Swiss, Bacon, Lettuce, Pickles, Fruit, Small Chip & Carrots
CHICKEN NUGGETS
7 Chicken nuggets, BBO Sauce, Honey or Ranch
All include: Carrots, Broccoli, Ranch, Fruit Choices Fun-size Chips

CHOICE 3
3 MONDAY
Chef Salad
Romaine Lettuce, Ham, Turkey, Tomato, Shredded Cheese, Carrots, Garbanzo Beans, Egg, Ranch dressing Roll, Grapes
TUESDAY
Yogurt Parfait Parfait, Mini Bagel, Carrots, Ranch, Granola
WEDNESDAY
Chef Salad
Romaine Lettuce, Ham, Turkey, Tomato, Shredded Cheese, Carrots, Garbanzo Beans, Egg, Ranch dressing Bread, Fruit
THURSDAY
Chicken Caesar Salad
Lettuce, Grilled Chicken, Tomatoes, Croutons, Parmesan, Caesar Dressing, Bread, Fruit
FRIDAY
Chef Salad
Romaine Lettuce, Ham, Turkey, Tomato, Shredded Cheese, Carrots, Garbanzo Beans, Egg, Ranch dressing Roll, Grapes

SALAD BAR
All meals will come with the salad bar option!
Romaine Mixed Greens, Cherry Tomatoes, Broccoli, Cauliflower, Shredded Carrots, Edamame Beans, Cheese, Croutons, Fruit of the Day, Ranch, French, Italian Dressing

