



HOLLAND CHRISTIAN MIDDLE SCHOOL

AUG/SEPT 2018

MEAL PRICE: \$2.55

This institution is an equal opportunity provider and employer. For any questions & information contact Sue Lambers: slambers@hollandchristian.org

Milk Only .50
Milk is included with lunch. 1% Chocolate or 1% White milk. Please be responsible for your lunch accounts! Thank you

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BACK TO SCHOOL 2018 Tyson Chicken Tenders, Corn on the Cob, Biscuit, Fruit Choice 2 DELI BAR 3 CHEF SALAD	Welcome back Carnival Lunch Hot Dog on Bun, Carrots & Celery, Popcorn, Watermelon, Orange Sherbet Cup 2 DELI BAR 3 YOGURT PARFAIT	Dutch Waffle with Strawberries, Whipped Cream, Potato Triangle, Sausage link, Juice Cup 2 DELI BAR 3 CHEF SALAD	Grilled Cheese with Sugar Snap Peas, Carrots with Hummus, Fun size Pretzels, Peach slices 2 DELI BAR 3 CHICKEN CAESAR SALAD	 Domino's Pizza Pepperoni/Cheese Pizza, Garden Salad, Fresh Fruit Choice, Frozen Fruit Slushie AUG 24
Tyson Chicken Tenders, Corn on the Cob, Biscuit, Fruit Choice 2 DELI BAR 3 CHEF SALAD	Bosco breadsticks w/Marinara sauce, Garden salad, Fruit Choice 2 DELI BAR 3 YOGURT PARFAIT	Teryaki Beef dippers with Rice, Vegetable blend, Mini egg roll, Pineapple, Fortune Cookie 2 DELI BAR 3 CHEF SALAD	Domino's Pizza Pepperoni/Cheese Pizza, Fun size Chips, Vegetable choice, Fruit Choice 2 DELI BAR 3 CHICKEN CAESAR SALAD	 SCHOOL HOLIDAY AUG 31
 HAPPY LABOR DAY Chicken Nuggets with Roll, Corn, Fresh Apple Slices, Grapes 2 DELI BAR 3 CHEF SALAD	 Dorito Walking Beef Tacos, Cheese, Lettuce, Salsa, Black Beans and Corn, Fruit Choice 2 DELI BAR 3 YOGURT PARFAIT	Rotini Beef Pasta, Garlic Bread, Garden Tossed Salad with Cheese & Croutons, Applesauce 2 DELI BAR 3 CHEF SALAD	Mini Corn Dogs, Crinkle Fries, Fresh Carrots & Broccoli with Ranch, Fresh Grapes 2 DELI BAR 3 CHICKEN CAESAR SALAD	 Domino's Pizza Pepperoni/Cheese Pizza, Garden Salad, Fresh Fruit Choice, Frozen Fruit Slushie SEPT 7
Chicken Nuggets with Roll, Corn, Fresh Apple Slices, Grapes 2 DELI BAR 3 CHEF SALAD	French Toast Sticks, Potato Triangle, Strawberry yogurt, Banana and Juice Cup 2 DELI BAR 3 YOGURT PARFAIT	Orange Chicken Rice Bowl served with Chop Sticks, Stir Vegetables, Pineapple and Cookie 2 DELI BAR 3 CHEF SALAD	Macaroni and Cheese, Steamed Green Beans, Blueberry Muffin, Fresh Melon and Grapes 2 DELI BAR 3 CHICKEN CAESAR SALAD	 Domino's Pizza Pepperoni/Cheese Pizza, Garden Salad, Fresh Fruit Choice, Frozen Fruit Slushie SEPT 14
Breaded Chicken Patty on Bun, Lettuce and Tomato, Carrots and Broccoli with Ranch, Apple slices 2 DELI BAR 3 CHEF SALAD	Pillsbury mini pancakes, Cheese Omelet, Potato Wedge, Oranges, Bananas, Juice Cup 2 DELI BAR 3 YOGURT PARFAIT	 Baseball Lunch Hot Dog on Bun, Popcorn, Fresh Carrots, Watermelon, Mini Ice Cream Sandwich 2 DELI BAR 3 CHEF SALAD	Cheesy Bread with Marinara Sauce, Fresh Broccoli and Carrots with Hummus, Fresh Melon 2 DELI BAR 3 CHICKEN CAESAR SALAD	 Domino's Pizza Pepperoni/Cheese Pizza, Garden Salad, Fresh Fruit Choice, Frozen Fruit Slushie SEPT 21
Meatball Mozzarella Marinara Sub, Fresh Green & Red Peppers, Applesauce, Peach Slices 2 DELI BAR 3 CHEF SALAD	Chicken Tenders, Corn Muffin, Sugar Peas with Hummus, Fresh Strawberries 2 DELI BAR 3 YOGURT PARFAIT	French Toast Sticks, Potato Triangle, Strawberry yogurt, Banana and Juice Cup 2 DELI BAR 3 CHEF SALAD	Rotini Pasta with Meat Sauce, Garlic Bread, Garden Salad, Italian Ice 2 DELI BAR 3 CHICKEN CAESAR SALAD	 Domino's Pizza Pepperoni/Cheese Pizza, Garden Salad, Fresh Fruit Choice, Frozen Fruit Slushie SEPT 28

2 CHOICE 2

DELI BAR

Shaved Ham, Turkey, Salami and Cheeses

Bread Choices:
Whole Wheat Sub Roll

Toppings: Lettuce, Tomatoes, Black Olives, Pickles, Onions, Yellow Peppers, Jalapeños, Ranch dressing.

3 CHOICE 3

MONDAY

Chef Salad

Romaine

Lettuce, Ham, Turkey, Tomato, Shredded Cheese, Carrots, Garbanzo Beans, Egg, Ranch dressing, Bread, Fruit

TUESDAY

Yogurt Parfait

Parfait, Mini Bagel, Carrots, Ranch, Granola

WEDNESDAY

Chef Salad

Romaine

Lettuce, Ham, Turkey, Tomato, Shredded Cheese, Carrots, Garbanzo Beans, Egg, Ranch dressing, Bread, Fruit

THURSDAY

Chicken

Caesar Salad

Lettuce, Grilled Chicken, Tomatoes, Croutons, Parmesan, Caesar Dressing, Bread, Fruit

FRIDAY

Chef Salad

Romaine

Lettuce, Ham, Turkey, Tomato, Shredded Cheese, Carrots, Garbanzo Beans, Egg, Ranch dressing, Bread, Fruit

SALAD BAR

All meals have salad bar option!

Mixed Greens, Cherry Tomatoes, Broccoli, Cauliflower, Shredded Carrots, Edamame Beans, Cheese, Croutons, Fruit, Ranch, French, Italian Dressing