



















# HOLLAND CHRISTIAN MIDDLE SCHOOL

# JANUARY 2018

## MEAL PRICE: \$2.55

This institution is an equal opportunity provider and employer. For any questions & information contact Sue Lambers: slammers@hollandchristian.org

**Milk Only .50**  
Milk is included with lunch. 1% Chocolate or 1% White milk. Please be responsible for your lunch accounts! Thank you

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>JAN 8</b> Dutch Waffle, Strawberries, Whipped cream, Sausage Link, Tator Tots, Oranges </p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p><b>JAN 9</b> Macaroni &amp; Cheese, Steamed Broccoli, Chocolate Chip Muffin, Fresh Red Grapes</p> <p>2 BURGER BAR 3 YOGURT PARFAIT</p>	<p><b>JAN 10</b> Breaded Chicken Drumstick, Roasted Potatoes, Green Beans, Fruit Choice</p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p><b>JAN 11</b> Hot Dog on Bun, Fun Size Chip, Carrot Sticks, Baked Beans, Fruit Slushie </p> <p>2 CHICKEN NUGGETS 3 CHICKEN CAESAR SALAD </p>	<p><b>JAN 12</b> Domino's Pizza Pepperoni/Cheese Pizza, Fun size Chips, Vegetable choice, Fruit Choice </p>
<p><b>JAN 15</b> Cinnamon French Toast, Sausage Links, Hash Brown, Juice choice, Apple Sauce </p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p><b>JAN 16</b> Chicken Nuggets, Waffle Fries, Blueberry Muffin, Celery, Peach Slices </p> <p>2 BURGER BAR 3 YOGURT PARFAIT</p>	<p><b>JAN 17</b> Tortilla Chips, Taco Beef, Lettuce, Salsa, Cheese sauce, Black Beans and Corn, Mandarin Oranges </p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p><b>JAN 18</b> BBQ Pork on Bun, Snap Peas w/ Hummus, Carrots, Fruit Slushie, Apple Slices </p> <p>2 CHICKEN NUGGETS 3 CHICKEN CAESAR SALAD</p>	<p><b>JAN 19</b> Domino's Pizza Pepperoni/Cheese Pizza, Fun size Chips, Vegetable choice, Fruit Choice </p>
<p><b>JAN 22</b> Cheese Omelet, Star Potatoes, Blueberry Muffin, Clementines, Juice Choice </p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p><b>JAN 23</b> Mini Corn Dogs, Corn, Carrots, Celery Sticks, Fresh red grapes</p> <p>2 BURGER BAR 3 YOGURT PARFAIT</p>	<p><b>JAN 24</b> Soft Shell Tortilla Beef tacos, Lettuce, Cheese, Salsa, Black Beans and Corn, Diced Pears</p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p><b>JAN 25</b> Chicken Tenders, Whipped Potatoes, Gravy, Green Beans, Dinner Roll, Diced Peaches</p> <p>2 CHICKEN NUGGETS 3 CHICKEN CAESAR SALAD</p>	<p><b>JAN 26</b> Domino's Pizza Pepperoni/Cheese Pizza, Fun size Chips, Vegetable choice, Fruit Choice </p>
<p><b>JAN 29</b> Pillsbury Mini Maple Pancakes, Sausage Links, Potato Wedge, Clementine</p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p><b>JAN 30</b> Pasta with Beef Sauce, Garden Salad, Garlic Bread, Red Grapes </p> <p>2 BURGER BAR 3 YOGURT PARFAIT</p>	<p><b>JAN 31</b> Cinnamon Rolls, Chicken Rice Soup, Yogurt Cup, Carrot Sticks, Applesauce </p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p><b>FEB 1</b> Hamburger on Bun with Cheese option, Curly Fries, Fresh Carrots, Apple Slices </p> <p>2 CHICKEN NUGGETS 3 CHICKEN CAESAR SALAD </p>	<p><b>FEB 2</b> Domino's Pizza Pepperoni/Cheese Pizza, Fun size Chips, Vegetable choice, Fruit Choice </p>

GO TO LUNCHAPP.COM TO APPLY FOR FREE/REDUCED LUNCH BENEFITS (CONVENIENT & CONFIDENTIAL). HOT LUNCH IS A PREPAY PROGRAM. YOU MAY DEPOSIT MONEY AT: SENDMONEYTOSCHOOL.COM OR DROP OFF A CHECK AT SCHOOL.

**CHOICE 2**  
2 DELI BAR  
Shaved Ham, Turkey, Salami and Cheeses  
**Bread Choices:** Whole Wheat Sub Roll  
**Toppings:** Lettuce, Tomatoes, Black Olives, Pickles, Onions, Yellow Peppers, Jalapeños, Ranch dressing.  
**BURGER BAR**  
American & Swiss, Bacon, Lettuce, Pickles, Fruit, Small Chip & Carrots  
**CHICKEN NUGGETS**  
7 Chicken nuggets, BBQ Sauce, Honey or Ranch  
**All include:** Carrots, Broccoli, Ranch, Fruit Choices Fun-size Chips

**CHOICE 3**  
3 MONDAY  
Chef Salad Romaine  
Lettuce, Ham, Turkey, Tomato, Shredded Cheese, Carrots, Garbanzo Beans, Egg, Ranch dressing Bread, Fruit  
**TUESDAY**  
Yogurt Parfait  
Parfait, Mini Bagel, Carrots, Ranch, Granola  
**WEDNESDAY**  
Chef Salad Romaine  
Lettuce, Ham, Turkey, Tomato, Shredded Cheese, Carrots, Garbanzo Beans, Egg, Ranch dressing Bread, Fruit  
**THURSDAY**  
Chicken Caesar Salad  
Lettuce, Grilled Chicken, Tomatoes, Croutons, Parmesan, Caesar Dressing, Bread, Fruit  
**FRIDAY**  
Chef Salad Romaine  
Lettuce, Ham, Turkey, Tomato, Shredded Cheese, Carrots, Garbanzo Beans, Egg, Ranch dressing Bread, Fruit



**SALAD BAR**  
All meals will come with the salad bar option!  
Romaine Mixed Greens, Cherry Tomatoes, Broccoli, Cauliflower, Shredded Carrots, Edamame Beans, Cheese, Croutons, Fruit of the Day, Ranch, French, Italian Dressing