





















HOLLAND CHRISTIAN MIDDLE SCHOOL

FEBRUARY 2019

MEAL PRICE: \$2.55

This institution is an equal opportunity provider and employer. For any questions & information contact Sue Lambers: slambers@hollandchristian.org

Milk Only .50
Milk is included with lunch. 1% Chocolate or 1% White milk. Please be responsible for your lunch accounts! Thank you

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FEB 4 Tyson Mini Mega Chicken Poppers, Peppers and Carrots, Hummus, Muffin, Fruit Choice 2 DELI BAR 3 CHEF SALAD	2019 FEB 5 Lunar New Year Mandarin Mango Chicken, Yakisoba Japanese Noodles, Stir fry Vegetables, Eggroll, Pineapple, Fortune Cookie, Chopsticks 2 FETTUCINE ALFREDO 3 YOGURT PARFAIT	FEB 6  Eggo Mini Waffles, Tator Tots, 2 Sausage Links, Fruit and Juice Choice 2 DELI BAR 3 CHEF SALAD	FEB 7 Thankful Thursday Roast Turkey, Whipped Potatoes, Gravy, Corn, Dinner Roll, Fruit Choice  2 CHICKEN TENDERS 3 CHICKEN CAESAR SALAD	FEB 8  Pizza Hut Pizza Day Garden Salad, Carrots, Tomatos, Croutons, Fruit Slushie 
FEB 11  Beef Dippers, Macaroni & Cheese, Steamed Broccoli, Dinner Roll, Fruit Choice 2 DELI BAR 3 CHEF SALAD	FEB 12 Pillsbury Confetti Pancakes, Cheese Omelet, Mango Wango Juice, Fruit Choice 2 FETTUCINE ALFREDO 3 YOGURT PARFAIT	FEB 13 Bacon Cheese Burger, Leaf Lettuce, Tomato, Baked Beans, Fun Size Chips, Fruit Choice 2 DELI BAR 3 CHEF SALAD	FEB 14  Heart Shaped Chicken Nuggets, Heart Shaped Warm Pretzels, Cherry Tomatoes, Red Peppers, Fruit Cherry Slushie 2 CHICKEN TENDERS 3 CHICKEN CAESAR SALAD	FEB 15  SCHOOL HOLIDAY
HAPPY PRESIDENT'S DAY FEB 18  SCHOOL HOLIDAY	FEB 19  Cinnamon Glazed French Toast, Sausage Link, McCain Potato Circles, Juice and Fruit Choice 2 FETTUCINE ALFREDO 3 YOGURT PARFAIT	FEB 20  Cinnamon Roll, Chicken Noodle Soup, Reduced Fat Colby Jack Cheese Cubes, Broccoli, Celery, Hummus, Fruit Choice 2 DELI BAR 3 CHEF SALAD	FEB 21 Cheese Quesadilla, Salsa, Black Beans and Corn, Fruit Choice 2 CHICKEN TENDERS 3 CHICKEN CAESAR SALAD	FEB 22  Pizza Hut Pizza Day Garden Salad, Carrots, Tomatos, Croutons, Fruit Slushie 
FEB 25  Breaded Chicken Sliders, Leaf lettuce, Sidewinder Fries, Fresh Fruit Choice 2 DELI BAR 3 CHEF SALAD	FEB 26  Eggo Mini Waffles, Tator Tots, 2 Sausage Links, Clementines 2 FETTUCINE ALFREDO 3 YOGURT PARFAIT	FEB 27  Lasagna Roll Ups, Bread Stick, Steamed Broccoli, Fresh Fruit Choice 2 DELI BAR 3 CHEF SALAD	FEB 28 Beach Day Picnic Basket Lunch Turkey and Cheese Sub, Crunchy Carrots, Fun Size Chips, Watermelon  2 CHICKEN TENDERS 3 CHICKEN CAESAR SALAD	MAR 1  Pizza Hut Pizza Day Garden Salad, Carrots, Tomatos, Croutons, Fruit Slushie 

GO TO LUNCHAPP.COM TO APPLY FOR FREE/REDUCED LUNCH BENEFITS (CONVENIENT & CONFIDENTIAL). HOT LUNCH IS A PREPAY PROGRAM. YOU MAY DEPOSIT MONEY AT: SENDMONEYTOSCHOOL.COM OR DROP OFF A CHECK AT SCHOOL

2 CHOICE 2
M/W: DELI BAR
Shaved Ham, Turkey, Salami & Cheeses
Break Choices:
Whole Wheat Sub Roll
TUESDAY:
FETTUCINE ALFREDO
Fettucine Alfredo Caesar Salad, Bread Stick, Fruit Choice
THURSDAY:
CHICKEN TENDERS
Chicken Tenders Waffle Fries, Carrots, Celery, Broccoli, Fresh Fruit

3 CHOICE 3
MONDAY
Chef Salad Romaine
Lettuce, Ham, Turkey, Tomato, Shredded Cheese, Carrots, Garbanzo Beans, Egg, Ranch dressing Bread, Fruit
TUESDAY
Yogurt Parfait
Parfait, Mini Bagel, Carrots, Ranch, Granola
WEDNESDAY
Chef Salad Romaine
Lettuce, Ham, Turkey, Tomato, Shredded Cheese, Carrots, Garbanzo Beans, Egg, Ranch dressing Bread, Fruit
THURSDAY
Chicken Caesar Salad
Lettuce, Grilled Chicken, Tomatoes, Croutons, Parmesan, Caesar Dressing, Bread, Fruit

FRIDAY
Chef Salad Romaine
Lettuce, Ham, Turkey, Tomato, Shredded Cheese, Carrots, Garbanzo Beans, Egg, Ranch dressing Bread, Fruit

Pizza HUT starts 2/8. Please take a serving of fruit and vegetable at each meal... it will do your body GOOD!

SALAD BAR
All meals have Salad bar option!
Mixed Greens, Cherry Tomatoes, Broccoli, Cauliflower, Shredded Carrots, Edamame Beans, Cheese, Croutons, Fruit, Ranch, French, Italian Dressing

