



HOLLAND CHRISTIAN MIDDLE SCHOOL

OCTOBER 2017

MEAL PRICE: \$2.55

This institution is an equal opportunity provider and employer. For any questions & information contact Sue Lambers: slambers@hollandchristian.org

Milk Only .50
Milk is included with lunch. 1% Chocolate or 1% White milk. Please be responsible for your lunch accounts! Thank you

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>OCT 2 ABC Chicken Nuggets, Potato Smiles, Fresh Grapes, Blueberry Muffin</p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p>OCT 3 Grande Beef Taco, Spanish Rice, Corn and Black Beans, Lettuce, Tomatoes, Cheese, Salsa, Peach Slices</p> <p>2 BURGER BAR 3 YOGURT PARFAIT</p>	<p>OCT 4 Hot Dog on Bun, Ruffles Fun Size Chip, Baked Beans, Mini Rice Krispie, Watermelon</p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p>OCT 5 2 Bosco Breadsticks, Marinara, Romaine Salad with Croutons, Cheese, Mandarin Oranges, Bananas</p> <p>2 CHICKEN NUGGETS 3 CHICKEN CAESAR SALAD</p>	<p>OCT 6 Spartan Cheeseburger w/ "Wolverine" Bacon, Touch Down Popcorn, Safety carrots, Go Blue Fruit Slushies</p>
<p>OCT 9 Mini Corn Dogs, Crinkle Fries, Steamed Broccoli, Fresh Strawberries</p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p>OCT 10 Dutch Waffle, Strawberries, Whipped Cream, 2 Sausage Links, Oven Roasted Potatoes, Apple Juice</p> <p>2 BURGER BAR 3 YOGURT PARFAIT</p>	<p>OCT 11 Cinnamon Rolls, Chicken Noodle Soup, Yogurt Cup, Snap Peas, Hummus, Applesauce</p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p>OCT 12 Grilled Cheese, Tomato Soup, Sun Chip Mix, Carrot Stix, Red Grapes</p> <p>2 CHICKEN NUGGETS 3 CHICKEN CAESAR SALAD</p>	<p>OCT 13 Domino's Pizza Pepperoni/Cheese Pizza, Fun size Chips, Vegetable choice, Fruit Choice</p>
<p>OCT 16 Soft Pretzel with Cheese Sauce, Trix Yogurt Cup, Carrots, Cucumbers, Ranch, Fruit choice</p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p>OCT 17 French Toast Sticks Syrup, Sausage Link, Potato Wedge, Applesauce, Juice</p> <p>2 BURGER BAR 3 YOGURT PARFAIT</p>	<p>OCT 18 Breaded Chicken Pattie on Bun, Fries, Fruit Choice, Ice Cream Treat</p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p>OCT 19 SCHOOL HOLIDAY</p>	<p>OCT 20 SCHOOL HOLIDAY</p>
<p>OCT 23 Chicken Tenders, Roasted Potatoes, Green Beans, Bread Stick, Pineapple tidbits</p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p>OCT 24 Macaroni & Cheese Steamed Broccoli, Muffin, Melon</p> <p>2 BURGER BAR 3 YOGURT PARFAIT</p>	<p>OCT 25 Hot Dog on Bun, Ruffles Fun Size Chip, Baked Beans, Mini Rice Krispie, Watermelon</p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p>OCT 26 Pillsbury Mini Pancakes Syrup, Cheese Omelet, Potato Wedge, Applesauce</p> <p>2 CHICKEN NUGGETS 3 CHICKEN CAESAR SALAD</p>	<p>OCT 27 Domino's Pizza Pepperoni/Cheese Pizza, Fun size Chips, Vegetable choice, Fruit Choice</p>
<p>OCT 30 Star Shaped Chicken Nuggets, Potato Smiles, Corn Muffin, Carrots, Fresh Grapes</p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p>OCT 31 Chicken Drumstick, Mashed Potatoes, Gravy, Mini Blueberry Muffn, Carrots, Fresh Grapes</p> <p>2 BURGER BAR 3 YOGURT PARFAIT</p>	<p>NOV 1 Mosticioli, Garlic Bread, Garden Salad, Ranch, Applesauce</p> <p>2 DELI BAR 3 CHEF SALAD</p>	<p>NOV 2 BBQ Pork on Bun, Crinkled Fries, Baked Beans, Peach Slices</p> <p>2 CHICKEN NUGGETS 3 CHICKEN CAESAR SALAD</p>	<p>NOV 3 Domino's Pizza Pepperoni/Cheese Pizza, Fun size Chips, Vegetable choice, Fruit Choice</p>

GO TO LUNCHAPP.COM TO APPLY FOR FREE/REDUCED LUNCH BENEFITS (CONVENIENT & CONFIDENTIAL). HOT LUNCH IS A PREPAY PROGRAM. YOU MAY DEPOSIT MONEY AT: SENDMONEYTOSCHOOL.COM OR DROP OFF A CHECK AT SCHOOL.

CHOICE 2
2 DELI BAR
Shaved Ham, Turkey, Salami and Cheeses
Bread Choices: Whole Wheat Sub Roll
Toppings: Lettuce, Tomatoes, Black Olives, Pickles, Onions, Yellow Peppers, Jalapeños, Ranch dressing.
BURGER BAR
American & Swiss, Bacon, Lettuce, Pickles, Fruit, Small Chip & Carrots
CHICKEN NUGGETS
7 Chicken nuggets, BBO Sauce, Honey or Ranch
All include: Carrots, Broccoli, Ranch, Fruit Choices Fun-size Chips

CHOICE 3
MONDAY
Chef Salad Romaine Lettuce, Ham, Turkey, Tomato, Shredded Cheese, Carrots, Garbanzo Beans, Egg, Ranch dressing Bread, Fruit
TUESDAY
Yogurt Parfait Parfait, Mini Bagel, Carrots, Ranch, Granola
WEDNESDAY
Chef Salad Romaine Lettuce, Ham, Turkey, Tomato, Shredded Cheese, Carrots, Garbanzo Beans, Egg, Ranch dressing Bread, Fruit
THURSDAY
Chicken Caesar Salad Lettuce, Grilled Chicken, Tomatoes, Croutons, Parmesan, Caesar Dressing, Bread, Fruit
FRIDAY
Chef Salad Romaine Lettuce, Ham, Turkey, Tomato, Shredded Cheese, Carrots, Garbanzo Beans, Egg, Ranch dressing Bread, Fruit

SALAD BAR
All meals will come with the salad bar option!
Romaine Mixed Greens, Cherry Tomatoes, Broccoli, Cauliflower, Shredded Carrots, Edamame Beans, Cheese, Croutons, Fruit of the Day, Ranch, French, Italian Dressing

