



HOLLAND CHRISTIAN FOREST SCHOOL – K-2nd



JANUARY 2022

LUNCH & BREAKFAST ARE FREE.
Must choose 3 of 5 food components,
one being fruit or vegetable.

Milk Only .50
Adult meal: \$2.00

Milk is included
with lunch.
1% Chocolate or
1% White milk.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>JAN 3</p> <p>Mixed Up Pizza Pepperoni, Ham Salami, Marinara sauce Naan bread, Peaches</p>	 <p>JAN 4</p> <p>Ham & Cheese Slider Bun Fresh Peppers Crackers, Grapes</p>	 <p>JAN 5</p> <p>Turkey & Cheese Lunchable Carrots w/Ranch Applesauce Cup</p>	 <p>JAN 6</p> <p>SLEEPY HEAD DAY Cinnamon Toast Crunch Yogurt, Cheese Stick Mango Wango Grapes</p>	 <p>JAN 7</p> <p>Turkey & Cheese Sub Carrots w/Ranch Apple Slices Crackers</p>
 <p>JAN 10</p> <p>Mixed Up Pizza Pepperoni, Ham Salami, Marinara sauce Naan bread, Peaches</p>	 <p>JAN 11</p> <p>Ham & Cheese Slider Bun Fresh Peppers Crackers, Grapes</p>	 <p>JAN 12</p> <p>Turkey & Cheese Lunchable Carrots w/Ranch Applesauce Cup</p>	 <p>JAN 13</p> <p>SLEEPY HEAD DAY Cinnamon Toast Crunch Yogurt, Cheese Stick Mango Wango Grapes</p>	 <p>JAN 14</p> <p>Turkey & Cheese Sub Carrots w/Ranch Apple Slices Crackers</p>
 <p>JAN 17</p>	 <p>JAN 18</p> <p>Ham & Cheese Slider Bun Fresh Peppers Crackers, Grapes</p>	 <p>JAN 19</p> <p>Turkey & Cheese Lunchable Carrots w/Ranch Applesauce Cup</p>	 <p>JAN 20</p> <p>SLEEPY HEAD DAY Cinnamon Toast Crunch Yogurt, Cheese Stick Mango Wango Grapes</p>	 <p>JAN 21</p> <p>Turkey & Cheese Sub Carrots w/Ranch Apple Slices Crackers</p>
 <p>JAN 24</p> <p>Mixed Up Pizza Pepperoni, Ham Salami, Marinara sauce Naan bread, Peaches</p>	 <p>JAN 25</p> <p>Ham & Cheese Slider Bun Fresh Peppers Crackers, Grapes</p>	 <p>JAN 26</p> <p>HC Cinnamon Roll Cheese Stick Yogurt Cup, Banana Mango Wango Juice</p>	 <p>JAN 27</p> <p>SLEEPY HEAD DAY Cinnamon Toast Crunch Yogurt, Cheese Stick Mango Wango Grapes</p>	 <p>JAN 28</p> <p>Turkey & Cheese Sub Carrots w/Ranch Apple Slices Crackers</p>
 <p>JAN 31</p> <p>Mixed Up Pizza Pepperoni, Ham Salami, Marinara sauce Naan bread, Peaches</p>				



FREE Morning Snacks
provided each day
for all students.

Take it then,
eat now
or save for later!

Both snacks must
be taken - variety of
popular whole grain
bars, whole grain
crackers, 100% fruit
juice and fresh fruit!



ENJOY!

LUNCH IS FREE EVERYDAY!
AUGUST - JUNE 2022
NO SIGN UP NEEDED



Due to availability, menu subject to change.

HC FOOD SERVICE OFFICE
616-820-2934

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.