




HOLLAND CHRISTIAN MIDDLE SCHOOL

JANUARY 2022

LUNCH & BREAKFAST ARE FREE.
Must choose 3 of 5 food components,
one being fruit or vegetable.

Milk Only .50
Milk is included with lunch. 1% Chocolate or 1% White milk. Please be responsible for your lunch accounts! Thank you

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 JAN 3 Breaded Chicken Mashed Potatoes & Gravy Muffin, Applesauce Cup 2 ITALIAN FOCCACIA SANDWICH	 JAN 4 Pasta w/ Meat Sauce Dinner Roll, Green Beans Fresh Fruit 2 AZTEC WRAP	 JAN 5 Italian Sub w/ Marinara Chips, Carrots w/ Ranch Fruit Choice 2 YOGURT PARFAIT	 JAN 6 THE HUT DAY!! Pizza Hut Pizza Fruit Choice Fruit, Chips	 JAN 7 Walking Beef Tacos Sour Cream, Salsa Cheese, Lettuce Fruit Choice 2 ITALIAN FOCCACIA SANDWICH
 JAN 10 2 Hot Dogs on Bun Cheetos, Corn Fruit Choice 2 ITALIAN FOCCACIA SANDWICH	 JAN 11 Chicken Nuggets Veggie & Fruit Choice Sunchips 2 AZTEC WRAP	 JAN 12 Warm Ham/Turkey & Bacon Sub Chips, Veggie Choice Fruit Choice 2 YOGURT PARFAIT	 JAN 13 THE HUT DAY!! Pizza Hut Pizza Fruit Choice Fruit, Chips	 JAN 14 CEREAL FOR LUNCH! Yogurt, Cheese Stick Mango Wango Juice Banana 2 ITALIAN FOCCACIA SANDWICH
 JAN 17 MLK DAY I HAVE A DREAM	 JAN 18 Cheeseburger Veggie & Fruit Choice Doritos 2 AZTEC WRAP	 JAN 19 Soft Warm Pretzel Beef Chili w/ Cheese Orange Wedges Mango Wango Juice 2 YOGURT PARFAIT	 JAN 20 THE HUT DAY!! Pizza Hut Pizza Fruit Choice Fruit, Chips	 JAN 21 BREAKFAST EXTRAVAGANZA (Pancakes, French Toast or Waffles) Sausage Link Potato, Juice Cup Banana or Oranges 2 ITALIAN FOCCACIA SANDWICH
 JAN 24 Breaded Chicken on Bun Steamed Corn, Chips Fruit Choice 2 ITALIAN FOCCACIA SANDWICH	 JAN 25 Macaroni & Cheese Green Beans, Muffin Fresh Strawberries 2 AZTEC WRAP	 JAN 26 Cinnamon Roll Yogurt, Cheese Stick Mango Wango Juice Grapes 2 YOGURT PARFAIT	 JAN 27 THE HUT DAY!! Pizza Hut Pizza Fruit Choice Fruit, Chips	 JAN 28 CORN CRAZY DAY Mini Corn Dogs Corn Muffin, Steamed Corn Corn Chips, Fruit Choice 2 ITALIAN FOCCACIA SANDWICH
 JAN 31 Fettuccine Alfredo Pasta Breadstick, Steamed Peas Fruit Choice 2 ITALIAN FOCCACIA SANDWICH				



BREAKFAST MENU

MONDAY
Big Apple Bagel w/ Cream Cheese
Fruit Choice
1% White Milk

TUESDAY
Fruit Yogurt Parfait w/ Granola, Choice of Juice & Fruit
1% White Milk

WEDNESDAY
Breakfast Sandwich
Fruit Choice
Juice Choice
1% White Milk

THURSDAY
Big Apple Bagel w/ Cream Cheese
Fruit Choice
1% White Milk

FRIDAY
Choice of Poptart Cereal or Muffin (pick 2), Fresh Fruit and Juice Choice
1% White Milk

2 CHOICE 2

Available every day except where noted

MONDAY/FRIDAY
Italian Foccacia Sandwich

TUESDAY
Aztec Wrap

WEDNESDAY
Yogurt Parfait with Cheese Stick

Due to availability, menu subject to change.



HC FOOD SERVICE OFFICE
616-820-2934

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

LUNCH IS FREE EVERYDAY!
AUGUST THROUGH JUNE 2022
NO SIGN UP NEEDED